

1533 State Street
 Santa Barbara, CA 93101
 Phone: (805) 966-3902
 Fax: (805) 962-9929



2580 Lillie Avenue
 Summerland, CA 93067
 Phone: (805) 969-5893
 Fax: (805) 969-5894

ORDER FORM

Fill out and fax to the store of your choice

Name: _____ Phone Number: _____ Pickup Date & Time: _____

Specialty Sandwiches \$7.95

- The Big Pig State Street Santa Ynez
 Italian Stallion New Yorker The Gobbler

Hot Sandwiches \$ 6.95

- Teriyaki Chicken Tri-Tip Hot Pastrami
 Chicken Breast Meat Loaf

Cold Sandwiches \$5.95

- Roast Beef Pastrami Chicken Salad
 Turkey Salami Tuna Salad
 Mortadella Avocado Egg Salad
 Ham Other: _____

Choose Your Bread

- Dutch Crunch (+ \$1.00) Sourdough
 Baguette (+ \$1.00) Rye
 Wheat Wheat Roll
 Multi-Grain Wheat White Roll
 Sweet Bavarian Wheat Torta Roll

Choose Your Cheese

- Goat (+\$1.00) Cheddar
 Brie (+\$1.00) Provolone
 Smoked Gouda + \$.50 Swiss
 Smoked Cheddar + \$.50 American
 Pepper Jack Munster

Choose Your Condiments

- Yellow Mustard Lettuce
 Spicy Mustard Tomato
 Ketchup Red Onion
 Mayonnaise Sprouts
 Vegemise Dill Pickle
 Cucumbers +\$.50 Avocado + \$1.00
 Pepperoncini Black Olives + \$.50
 Bacon +\$1.25 Other: _____

Breakfast

- 3 Eggs Any Style** **\$6.50**
 Sunnyside up Scrambled Poached
 Over easy Over medium

- 3 Eggs Omelette** **\$7.50**

- Tomato Cheddar Provolone
 Mushroom Swiss Avocado +\$1.25
 Bell Pepper Brie Sausage +\$1.25
 Onion Pepper Jack Ham +\$1.25
 Jalapeno Goat Cheese Bacon +\$1.25

Both egg dishes come with

Choice of: Fruit or Potatoes

Choice of: Sourdough Wheat Rye

Add Bacon Sausage Ham \$1.25

Substitute egg whites \$2.00

- Breakfast Burrito** **\$5.75**

Made with eggs, potato, salsa, and mix cheese &

Choice of Bacon Ham Italian sausage Avocado

- Croissant French Toast** **\$7.95**

Served with wild Berries

- Oatmeal** **Granola** **\$3.95** **Add Fruit** **\$1.50**

Sides

- Sausage** **Bacon** **Ham** **\$3.00**
 Home fries **\$2.00**
 Sourdough **Wheat** **Rye** **\$1.50**

From the Grill

- Hamburger** **\$6.50**
 Turkey Burger **\$7.50**
 Garden Burger **\$8.00**
 Grilled Chicken Sandwich **\$8.95**

Above served with lettuce, tomato, & red onion on a sesame bun.

Circle one: **Medium Rare** **Medium** **Well Done**

Add for \$.75: Cheddar Swiss American

Add for \$1.25: Bacon Avocado Extra Meat

- Philly Cheese Steak** **\$8.95**

- Philly Cheese Chicken** **\$8.95**

Served with bell peppers, onions, mushrooms, & provolone cheese

- Grilled Cheese** **\$4.25**

- Grilled Ham & Cheese** **\$6.75**

- Grilled Turkey & Cheese** **\$6.75**

Add for \$1.25: Bacon Avocado Extra Meat

Sides

- Lg. Fries** **\$3.00** **Sm. Fries** **\$2.00** **Side Salad** **\$2.00**

Breakfast

Served Anytime

3 Eggs Any Style \$6.50

Sunny-side up, over easy, over medium, scrambled, or poached with fruit or potatoes and choice of toast

Add Bacon, Sausage or Ham for \$1.25

3 Eggs Omelette \$7.50

With fruit or potatoes and choice of toast

Tomato	Cilantro	Pepper jack
Mushroom	Jalapeno	Provolone
Bell Pepper	Cheddar	Goat Cheese
Onion	Swiss	Brie

Add Bacon, Ham, Italian Sausage, or Avocado for \$1.25

Substitute egg whites \$2.00

Breakfast Burrito \$5.75

Made with eggs, potato, salsa, and mixed cheese & choice of Bacon, Ham, Italian sausage, or Avocado

Croissant French Toast \$7.95

Served with wild Berries

Bowl of Granola \$3.95

Irish Steel Cut Oat Meal \$3.95

Add fruit \$1.50

Sides

Bacon, Sausage, or Ham \$3.00

Toast \$1.50

Specialty Sandwiches \$7.95

The Big Pig

Maple honey ham and imported swiss cheese with lettuce tomato, & onion on a French roll

Italian Stallion

Deluxe ham, mortadella, Genoa salami, dry salami, provolone, and Italian dressing on a sourdough baguette

State Street

Salsalito turkey, pepper jack cheese, mayonnaise, green chili peppers, lettuce, tomato, & onion on a French roll

New Yorker

Hot Pastrami, spicy mustard, sauerkraut with melted swiss cheese on grilled rye bread.

Santa Ynez

Roast beef and cheddar cheese with grilled onions and horseradish sauce on a grilled Dutch crunch roll

The Gobbler

Black Forest smoked turkey and muenster cheese with the works in a grilled wrap

Hot Sandwiches \$ 6.95

Tri-Tip	Teriyaki Chicken
Hot Pastrami	Chicken Breast
Meat Loaf	

Cold Sandwiches \$5.95

Roast Beef	Pastrami	Chicken Salad
Turkey	Salami	Tuna Salad
Mortadella	Avocado	Egg Salad
Ham	BLT	PB & J (\$4.75)

Choose Your Bread

Dutch Crunch (+ \$1.00)	Sourdough
Baguette (+ \$1.00)	Rye
Wheat	Wheat Roll
Multi-Grain Wheat	White Roll
Sweet Bavarian Wheat	Torta Roll

Choose Your Cheese

Goat (+\$1.00)	Cheddar
Brie (+\$1.00)	Provolone
Smoked Gouda + \$.50	Swiss
Smoked Cheddar + \$.50	American
Pepper Jack	Munster

Choose Your Condiments

Mustard	Red Onion
Spicy Mustard	Sprouts
Ketchup	Dill Pickle
Mayonnaise	Cucumbers +\$.50
Vegenaise	Pepperoncini
Lettuce	Avocado + \$1.00
Tomato	Black Olives + \$.50
Bacon +\$1.25	

Grill any sandwich for \$1.00

Burgers and other grilled sandwiches
on back of menu

Grab & Go sandwiches & salads

Let Cantwell's cater your next luncheon,
business meeting, or party.

From the Grill

Hamburger	\$6.50
Cheese Burger	\$7.25
Turkey Burger	\$7.50
Garden Burger	\$8.00
Grilled Chicken Sandwich	\$8.95

Above served with lettuce, tomato, & red onion on a sesame bun.

Add for \$.75 Cheddar, Swiss, or American
Add for \$1.25: Bacon, Avocado

Philly Cheese Steak \$8.95

Philly Cheese Chicken \$8.95

Above served with bell peppers, onions, mushrooms, & provolone cheese

Grilled Cheese \$4.25

Grilled Ham & Cheese \$6.95

Grilled Turkey & Cheese \$6.95

Add for \$1.25: Bacon, Avocado, or Extra Meat

Sides

Large Fries \$3.00 ■ Sm. Fries \$2.00 ■ Side Salad \$2.00

Deli Hot Case

Grab-N-Go Meals

Daily Specials

Deli Case

We make different salads and soups daily.
Check the case for today's offerings

Albacore Tuna	Garden Pasta Salad
Albacore Tuna Salad	Greek Salad
Artichokes - Marinated	Green Bean Salad
Asparagus – Grilled	Grilled Vegetables
Beef Tenderloin	Hummus
Beet Salad	Krab Salad
Black Bean Enchilada	Lasagna – Veggie
Casserole	Macaroni Salad
Chicken Breast Marinated	Mango Salsa
Chicken Curry Salad	Mixed Olives
Chicken Penne Pasta Salad	Mozzarella Salad
Chicken Salad	Penne Pasta with Salmon
Chicken Enchilada	Pesto Pasta Salad
Casserole	Potato Salad
Chicken Rosemary Lime	Salmon - Marinated Salad
Chicken Tamales	Spicy Grilled Tofu
Chicken Stuff Breast	Stuffed Cherry Peppers
Chicken Quesadilla	Tabouli
Cole Slaw	Wild Rice
Dolmas	Roasted Yams
Fruit Salad	

Soups

Minestrone	Cream of Broccoli
Corn Chowder	French Onion
Roasted Tomato	Black Bean
Vegetable	Albondigas
Clam Chowder	Cream of Mushroom
Chicken Noodle	Lentil and Spinach
Split pea	Cream of Spinach
Ginger Carrot	Potato Leek
Butternut Squash	Cream of Asparagus
Posole	Cream of Cauliflower
Beef and Barley	

Soups and salads can be made to order with advance notice.



SANTA BARBARA
SUMMERLAND

GOURMET MARKET & DELI

Santa Barbara Store

1533 State Street, Santa Barbara CA

Phone: (805) 966-3902

Fax: (805) 962-9929

Hours

Monday – Saturday 6:00 a.m. – 9:00 p.m.

Sunday 7:00 a.m. – 8:00 p.m.

Summerland Store

2580 Lillie Avenue, Summerland CA

Phone: (805) 969-5893

Fax: (805) 969-5894

Hours

Monday – Friday 6:30 a.m. – 8:00 p.m.

Saturday 7:00 a.m. – 8:00 p.m.

Sunday 7:00 a.m. – 7:00 p.m.

Dine in or take out

Party platters available

Fax in your order and we will have it ready for you to pick up.